

THE HAWKINGTON

NOVEMBER 2019

Herndon Middle School, Herndon, Virginia

Post



SPECIAL EVENTS

THANKSGIVING ORIGINS

By Daniel S.

As November kicks off after Halloween, we approach the next holiday! That's right, we are nearing Thanksgiving, and it's right around the corner. We are all excited for Thanksgiving, not only for all the parades, such as the Reston parade, but because we all know what comes right after Thanksgiving! It's also a great day to be with friends and family, and to enjoy a couple of days off. Today, I decided to dive a little deeper as to what really Thanksgiving is all about!

As we all know, Thanksgiving is celebrated on the fourth Thursday of November, this year falling on the 28th. We know and love it for getting some extra days off of school, and for eating until we couldn't possibly reach for the next helping of mashed potatoes. Most people know that we give thanks for things we have, tangible or otherwise, and that it has to do with Native Americans and European settlers, but few know the story behind this American-exclusive holiday.

What we know now as Thanksgiving originated in 1621, when the English colonial Pilgrims

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SCIENCE

A GIANT LEAP FOR WOMANKIND

By Maggie L.

On October 18, 2019, Christinia Koch and Jessica Meir created history after completing the first ever all-women space walk. Though originally supposed to take place in March, it was postponed due to lack of fitting space suits for Anne McClain, one of the women preparing for launch. Instead, the mission was completed by a man and a woman (Nick Hague and Christina Koch).

This spacewalk marked the first time that there has been more than one woman in space at a time, but Christinia Koch and Jessica Meir do not receive all the credit for the increasing number of female-run space explorations.

While speaking to the two astronauts from the White House, President Trump remarked, "This is the first time for a woman outside of the space station," This comment is actually false, and as Koch and Meir pointed out, "...there have been many female

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SPORTS

WHO IS BETTER, MESSI OR RONALDO?

By Adam K.

For years, so many people have argued over the same subject over and over again, who is better, Messi or Ronaldo? I am not going to say who is better, but I will give you a lot of facts for you to decide for yourself. **Trophies:** Both soccer players have won many great awards. Ronaldo has won an

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NEWSPAPER DIRECTORS



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SPECIAL EVENTS

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ART

By Bilen A.



AFEWERK TEKLE

Afewerk Tekle, a famous Ethiopian artist, particularly known for his paintings on African and christian themes as well as stained glass. He was born in ankober, Ethiopia. Tekle grew up under the italian occupation during the Second World war. Following in the war in 1947, he decided that he wanted to help rebuild Ethiopia and got elected to travel to England to study mining engineering.



but make sure you return equipped with the skills and the mindset to rebuild Ethiopia." Tekle had already shown talent as an artist as a child, decorating several walls in his hometown. Whilst at boarding school in England, this talent was recognised and encouraged by his teachers. As a result, he was persuaded to switch from engineering and enroll in Central School of Arts and Crafts in London. He then went on to the Slade School of Art where he studied painting, sculpture and architecture. Returning to Ethiopia as a university graduate, Tekle could have accepted an assigned ministerial post but instead decided to spend time travelling around the provinces of Ethiopia to get more experience of his native country and culture, which he reflected in his paintings. In 1954, he held his first one-man show in Addis Ababa, at Municipality Hall^[2], that gave him the funds to travel around Europe for two years where he learnt how to design and construct stained glass windows. He also made a special study on Ethiopian illustrated manuscripts in the British Library, the Biblio-

thèque Nationale in Paris and the Vatican Library. Back in Ethiopia, Afewerk opened a studio in the National Library of Ethiopia. His growing recognition lead to government commissions for murals and mosaics in St George's Cathedral, Addis Ababa, and several of his designs were used on the national stamps. He was also commissioned to produce sculptures of famous Ethiopians, although only the monumental statue of Ras Makonnen in Harrar was completed. Most notably, in 1958 he designed the stained glass windows in the Africa Hall of the United Nations Economic Commission for Africa in Addis Ababa. The three windows cover an area of 150 square meters, and represent the sorrow of Africa's past, the struggle of the present, and hope for Africa's future.

Before departing, Afewerk, together with other students leaving to study overseas, was addressed by Emperor Haile Selassie. Afewerk recalls being told "You must work hard, and when you come back do not tell us what tall buildings you saw in Europe, or what wide streets they have,





POLITICS



By Noah E.

Lockdown Drills

Lockdown drills can be a frightening routine in American public schools. They are meant to protect us from any harm that might unsuspectedly enter the school, such as school shooters. They also serve as a reminder of the threat of someone breaking at school. Lockdown drills are in place to impose safety and security, but how safe are really by these mandatory drills?

As we hide in the back of the room, forbidden from making noise, are we effectively defending ourselves from harm? Maybe Lockdown Drills are just as effective as TSA, the TSA have failed 67 Out of 70 trials performed, How many people have been harmed DUE to Lockdown Drills. Lockdown drills keep us dreadfully demobilized if there was someone in the building we should Run, Hide or Fight in that order limiting the amount of

harm to fall upon us. If you can't run find a place where no one could find you if someone could find you fight a gun has only one small hole if we all attack at the same time there is no way all of us could be harmed. I believe the most important thing the school could do is instead of investing in lockdown drills is securing a sure fire exit to help us escape.

I've taken a poll with most HMS students and staff and I have found that 38% of people asked said that lockdown

drills are not safe and 30% don't know what to think about them the fact that there is any doubt is

cause for concern. In conclusion, I think that lockdown drills are not successful, and students don't believe they are safe. In my opinion, they are more reactive than proactive, almost its like putting a band-aid on a larger wound.



Continued from page 1.

spacewalkers before us. This is just the first time there's been two women outside at the same time. For us, it's just doing our job." Jessica and Christina were sent up to space with the mission to replace a battery in the lab's solar power system.



In celebration of this historic occasion, a special component was added to Christina's suit from the original space suit of the first American woman to spacewalk, Kathy Sullivan. It consists of the serial number on Sullivan's backpack in 1984.

Jessica Meir has been the 15th woman to do a space walk and work in

the vacuum of space, while Christina has been the 14th for her work in April. Though the two astronauts have already made history, they dream to reach even higher heights. Koch, who has been in space since March, is scheduled to stay in orbit around Earth for 328 days, just 11 days short of the record time spent in orbit, in order to enhance the amount of knowledge NASA has on the effects has on the female body, (compared to the male). As said in an interview at the International Space Station, both astronauts aspire to be the first woman on the Moon.

Jessica Meir and Christina Koch's thrilling contributions are one of the few glimpses of the impending future of women in space exploration.



By Abdullah M.



Welcome back to the Hawkington Post Music section! This time we have new music and some exciting news. Let's get into it!

The Jokers Music?



Our first story comes from the movie Joker. The director of the movie, Tod Phillips, wanted the feeling of the movie to be more empathetic. For this reason, Tod brought in a composer who could turn any mood into music. Hildur Guðnadóttir is

the name of the composer. She has a few things in common with the Joker. She is almost always smiling and laughing, but she also has a bit of darkness inside her. But instead of violence,

The composer expresses her darkness through music. For the movie, The director wanted her to focus on the Joker's mood. Hildur Guðnadóttir said that the Joker is just trying to be nice. *"He's trying to actually bring joy to the world, and just doesn't really succeed because of outer circumstances that really affect his inner turbulence,"* she says. *"I was just really sympathetic towards that. It's very tragic. So, I thought it was important that he was allowed to kind of have this softer side."* The composer wrote the theme even before the movie began shooting.



Hildur Guðnadóttir



J-LO AND SHAKIRA TO PERFORM AT SUPERBOWL 2020

Some people thought it would be the rapper Jay-Z. But no one expected it to be Jennifer Lopez and Shakira. That's right, Jennifer Lopez will be the one singing in the halftime show together with Shakira. Her addition to the halftime stage marks another major recent milestone J-Lo, who turned 50 in July, has attracted Oscar buzz for her performance in the movie Hustlers, and she was given MTV's Video Vanguard Award at the 2018 VMA'S.

Since both singers have released a great amount of Spanish songs, many are expecting their performance to include a section relatable to Spanish speakers.



GAMING

By Ben F.



The newest hyped games these past months are:

2K20, Borderlands 3, PvZ: Battle for Neighborville, Gears 5, Star Wars Jedi: Fallen Order, Pokémon: Sword and Shield and Legend of Zelda: Link's Awakening.



These are the top 10 MOST sold games ever!

- 1. Tetris – 500 million+
- 2. Minecraft – 176 million+
- 3. Grand Theft Auto V. – 90 million+
- 4. Wii Sports – 82.86 million.
- 5. Playerunknown's Battlegrounds – 50 million+
- 6. Pokemon Red/Blue/Green/Yellow – 45 million+
- 7. Super Mario Bros. – 40 million+
- 8. Mario Kart Wii – 37.14 million.
- 9. New Super Mario Bros. – 30.8 million.
- 10. Duck Hunt – 28.3 million+



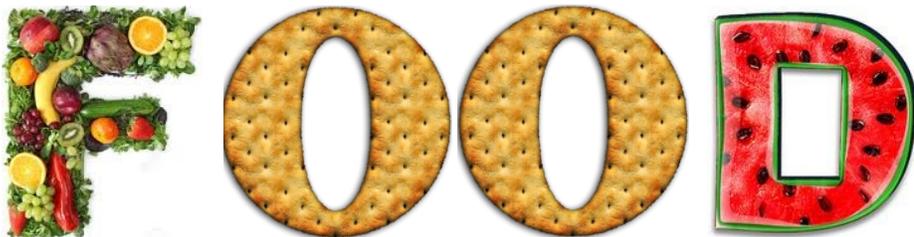
Here's the Minecon 2019 live recap:

A giant nether update, mountain update (snowier snow), bee update, new blocks include the new amazing honey block which you fall down slow and stick. The others are bee nests and bee hives which gives you honey. A new skin creator, Minecraft earth which is using a method of gaming called "augmented reality", Minecraft dungeons which is a split screen co-op game where you have to fight new and old monsters, creator tools, realms plus which includes a new type of realms, and more! Minecraft is getting more popular than ever!

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By Harper F, Olivia P, Makenzie P, Maggie L, Daniel S

Serves: 8 Cooking Time: 30 minutes



Country Cornbread

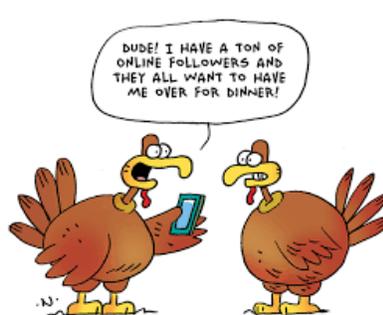
- 3 cups cornmeal
- 1 cup all-purpose flour
- 2 cups milk
- 2 eggs
- 1/4 cup vegetable oil
- 2 tablespoons sugar
- 1 tablespoon baking powder
- 1 1/4 teaspoons salt

NOTES

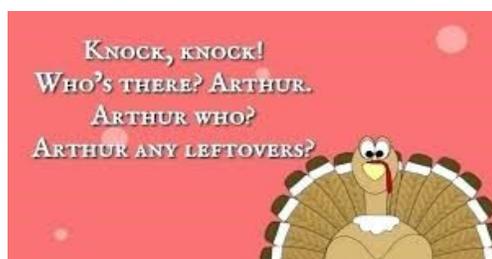
If you have a large cast-iron skillet and would like to make crispy corn bread, place 1/3 cup vegetable oil in the skillet and heat in the 450-degree oven until hot. Remove from oven and pour batter over hot oil. Return skillet to oven and bake as above.

1. Preheat oven to 450 degrees F. Coat a 10-inch cast iron skillet or 8-inch square baking dish with nonstick cooking spray.
2. In a large bowl, combine all ingredients; mix well then pour batter into prepared baking pan.
3. Bake 30 to 35 minutes, or until golden and a wooden toothpick inserted in center comes out clean. Cut and serve warm, or allow to cool before serving.

This November, 28, we celebrate what is known as Thanksgiving. I know you're probably bored of all this Thanksgiving talk, you don't have to like or eat the food. But you should appreciate the holiday, and give thanks to the people you love. Now onto the most popular Starbucks food. Most people only get a drink, but have you ever looked into the pastries area. Well if you have you should know they have CAKE POPS. So next time you want something bite sized, and delicious grab a cake pop!



Do you LOVE food? Are you a foodie? Well, this is the section for you! Welcome to the Hawkington Post Food Section !



THANKSGIVING FOOD SURVEY!



Hawkington Post reporters Harper Freeman and Daniel Saunders interviewed the staff at HMS about their Thanksgiving food.

How do you view Thanksgiving food?

Madame Evans (French teacher): "Awesome! Love the opportunity to gather and eat foods we don't normally have!"

What do you normally eat at Thanksgiving?

Mr. Jordan Citron (Art teacher): "I eat Turkey, stuffing, gravy, wontons, green beans and mashed potatoes."

What is your favorite thanksgiving food?

Mrs. Nancy Galm (English teacher): "Love stuffing and cranberry sauce."

What does everyone look forward to when they eat Thanksgiving dinner with you?

Mrs. Kathleen Brinkman (Librarian): "In my family, everyone looks forward most to cranberry upside down cake for dessert."

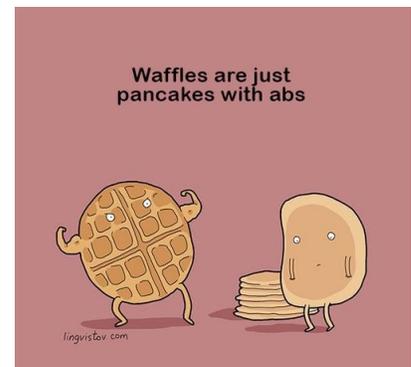
Section Director **Harper Freeman's** note:

I hope that in this edition of the Hawkington Post you will enjoy the food section. My very hard working reporters have put TONS of effort into this, so if you are reading this on the web or at school, we all hope that you enjoy it!

Thanks,

The Food Team

Food Jokes!





SPORTS

By Brody B

The NHL Season

There isn't a much better time in sports than fall. You have the NFL and NBA starting up, and the MLB and MLS playoffs. And let's not forget about hockey. This year, the NHL's 102nd season will begin on October second. One of the matchups that night will feature the last two Stanley Cup champions: the Washington Capitals against the St. Louis Blues. The Capitals will be trying to bounce back after a disappointing first-round exit in the playoffs, while the Blues will be trying to keep it up after winning the Stanley Cup last year. Stars like Connor McDavid of the Edmonton Oilers and Evgeni Malkin of the Pittsburgh Penguins will try to keep it up after outstanding years last year. But now there's the million-dollar question: who's winning the Stanley Cup? It seems that many people are picking the Tampa Bay Lightning, and I'm going to join them.

Nikita Kucherov and Steven Stamkos lead a fire-powered bunch of forwards, and Victor Hedman will keep their defense in line, while Andrei Vasilevskiy will hold it down in the goal. But who will they be going up against? I think that the San Jose Sharks will win the west. Joe Thornton and Brent Burns will help the Sharks get to the final, but I think they ultimately end up losing the series in six games. But there will be other teams that will challenge the two. The Blues, who I mentioned earlier, and the Las Vegas Golden Knights will challenge the Sharks in the west. The Capitals and the Boston Bruins will put up a fight in the east. My predictions for the awards will be:

- ◆ Conn Smythe Trophy (Best player in the playoffs): Nikita Kucherov, Tampa Bay Lightning.
- ◆ Hart Trophy (MVP): Alexander Ovechkin, Washington Capitals.
- ◆ Vezina Trophy (Best goaltender): Carey Price, Montreal Canadiens.

- ◆ Jack Adams Award (Coach of the year): Barry Trotz, New York Islanders.
- ◆ Calder Trophy (Best Rookie): Jack Hughes, New Jersey Devils.

The Life of an NFL Quarterback

For many young football players, being an NFL quarterback is the best job there is, and you can't blame them for thinking that. Traveling around the country to play a game you love and having millions of fans cheering for you sounds pretty nice. But put aside all of the exciting games and fans rooting for you. What really happens? New England Patriots quarterback Tom Brady describes what the life of an NFL quarterback is like.

For starters, he says he wakes up at 5:30 every morning. But he still gets his sleep in, as he goes to bed around 8:30. "I don't go to bed at 1 A.M. and wake up at 5 A.M. and say 'let's see if I can get this done today'" Brady said in an interview with ABC News. "Because my career is so important, I think I make a lot of, I wouldn't call them sacrifices, but just concessions for my job. I love what I do and I want to do it for a long time." When Brady isn't doing things like playing, practicing, and watching film, he spends time with his family. He and his wife, Gisele Bundchen, have three kids, which Brady says is a lot of responsibility. "As you get older, you have more responsibilities, you have more commitments, more events, kids, you're married now," He said. "You still have all the things that you've had, plus you just keep adding. I got a lot." Brady hasn't had much time to spend with his friends. "Sometimes, it's hard to cut things out, for me where

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I cut is like my friends, they probably don't get as much time as they used to," He said.

But I'm sure he's made many friends on the football field, based on how long he's been in the NFL. This year will be his twentieth in the league, all of his seasons being with the Patriots. Dinnertime in the Brady household is probably going to be different from most. Brady is on a very restrictive diet. He does not like to eat sugar, eggplants, white flour, mushrooms, tomatoes, peppers, iodized salt, olive oil,



Tom Brady

caffeine, or dairy. So what does he eat? Well, the forty-two year old quarterback says he eats lots of vegetables and lean meats. "I have to make different choices, there's no other 42-year-olds playing now at quarterback. So, you better do things a little differently," Brady said. "I try to not eat as much sugar, but it's so hard in our American diet to do that. It's hard to completely avoid. I don't drink much alcohol." So, Brady has little time for himself and to relax. He says that during the season, most of the time he has to unwind is in his car on the ride home.

Still, Brady doesn't consider playing football as work. He says he looks forward to every single game. But what does he do when he eventually has downtime, in the offseason? "I have hobbies. I like being active," Brady said. "I like to surf a lot, play a little bit of golf." So there it is: The life of an NFL quarterback.



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astonishing 5 Ballon d'Ors, but unfortunately for him, Messi has also won 5 Ballon d'Ors, so they are both the same. Now for the European Golden Boot. Lionel Messi stands at the top with 6 Golden Boots, while



Ronaldo, has won 4 Golden Boots.

Assists: Messi and Ronaldo have both given other players assists to score. Messi again stands at the top with 278 assists, while Ronaldo has 220 assists.



Messi

Free kicks and Penalties:

Both players are excellent free kick and penalty takers for their clubs. Ronaldo has scored 54 career free kicks and Messi has scored 49 free kicks. Now for the penalties. Ronaldo takes the victory again with an amazing 112 goals from the spot, while Messi on the other hand has scored 84 goals from the spot.



Ronaldo

Goals: Now for what everybody has been waiting for, who has scored the most career goals? Well that's Ronaldo, with 701 career goals, and Messi, with 673 career goals. **International Goals:** Both great players have represented their country for the World Cup and other important tournaments. Ronaldo takes the victory again with 95 international goals for Portugal, with Messi scoring 68 goals for Argentina. In short, they're both players for the ages. Now that I have given you all the facts... who do you think is better?

FASHION



By Makenzie P

EXPLORE, DISCOVER!

Do you need help figuring out your style? I know for some people it may be hard, but I have some ideas for you, these are some of the most popular ones.

E GIRLS. E girls has seems do become extremely popular, have you seen anybody with hearts under their eyes? That's an E girl. The common style for E Girls is they wear black. I usually see them wearing skirts. If your not interested in the E girl look here's some other ones. **JUMPSUITS!** When I think of jump suits I think of prison. You think of the orange jumpsuits we all know, but the kind I'm talking about are some much better. They're stylish and I've seen boys and girls wear them.

PARIS FASHION WEEK

Does anyone know what Paris fashion week is? Most think you have to be super rich to attend, but that's not true. Many Youtubers have been invited, such as **Emma Chamberlain, Dolan Twins** and so many more! Paris fashion week is where you attend this fashion walk, you style your outfits. And you get to be able to wear your own clothes. You get to be yourself, you're own style.



HALLOWEEN COSTUMES

I was walking around for Halloween costumes and the number one piece was **IT**. This movie has become extremely popular since Part II came



Continued from page 1. THANKSGIVING ORIGINS



and the Wampanoag tribe gathered at Plymouth rock, as an autumn harvest celebration. The small ship that is the Mayflower arrived in present-day Massachusetts in November 1620, carrying 120 some passengers. Through the first harsh winter, many passengers stayed aboard, and only about half of the original 120 survived through it. When they moved inland, onto the shores of Massachusetts, they were greeted in English by an Abenaki Indian. The Indian left them, and returned several days later with another man named Squanto, who was kidnapped and sold into slavery by an Englishman, where he escaped back to his homeland here. Squanto taught the weak Pilgrims how to cultivate corn, extract sap from trees, catch fish, and avoid dangerous plants. Furthermore, he also helped the settlers forge an alliance with the Wampanoag tribe which would last for more than 50 years and to this day remains one of the sole examples of harmony between European colonists and Native Americans.

The Pilgrims adapted to life in the new world, and became good friends with the Indians here. At their first autumn harvest in the new world, they gave their thanks, and celebrated their first, very plentiful harvest, at the very first Thanksgiving. And even though the first Thanksgiving happened back then, it took over 200 years for it to be proclaimed a national holiday in 1863 by President Lincoln which we still celebrate today.

Which one is better?



VSCO girl



E girl

CENTRAL AMERICA!

By Nahomy F.



Have you ever been to Central America? Maybe you haven't. Many people haven't. Why? Because they think it is not safe and there are not many things to do there. But, it's not true. Most of the main cities and roads are safe and local people will tell you the places that you should stay away from, like you would in many other countries.

This is one of the great regions in the world for tourists. Surrounded by the Pacific and Atlantic Oceans, the land bridge of Central America runs from Mexico to South America and is made up of seven countries: Guatemala, Belize, El Salvador, Honduras, Nicaragua, Costa Rica, and Panama, although some people don't consider Panama a part of the region because of historical differences.



Political unrest and civil war in the 1980s kept most tourists away

for a long time, but now the area is very attractive to travelers, surfers, luxury travelers, and even retirees. Do you know why? Because traveling Central America is a safe, beautiful, and affordable place. Yes! It's really, really, really inexpensive. The dollar currency is powerful down there.



People have realized that it's not the place the media says it is. It's so good to see the old perception is changing. The region's rainforests are filled with unexplored Mayan ruins and wildlife, its beaches are great for surfing, its reefs great for diving, there's a huge variety of flora and fauna here, and the cheap accommodation, food, and throughout the region

traveler's dream. Eco-tourism in the region!

Honduras before United States and I met many people who came to visit the region. They all loved it and said back.

If you want to backpack Central America, you will fall in love with the friendliness of the people, the tasty food, the weather, history, and beauty in general.



The only problem is that that tasty food is so good, you will go back home with some extra pounds, but you will be very happy, I promise! When you decide to go, I suggest this website for tips: www.nomadicmatt.com Have a great time in Central America!

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